* Decision Making Strategies for Difficult Issues *

Final Authority

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Authority Triangle

Example of Authority:
Self, God, Parents, Friends,
Siblings, Boyfriend, Spouse,
Current BFF, Money, Career,
School, Work, Home, Other
Who Really Decides??

Situation/Problem   **People Involved**

_____   _____
_____   _____
_____   _____
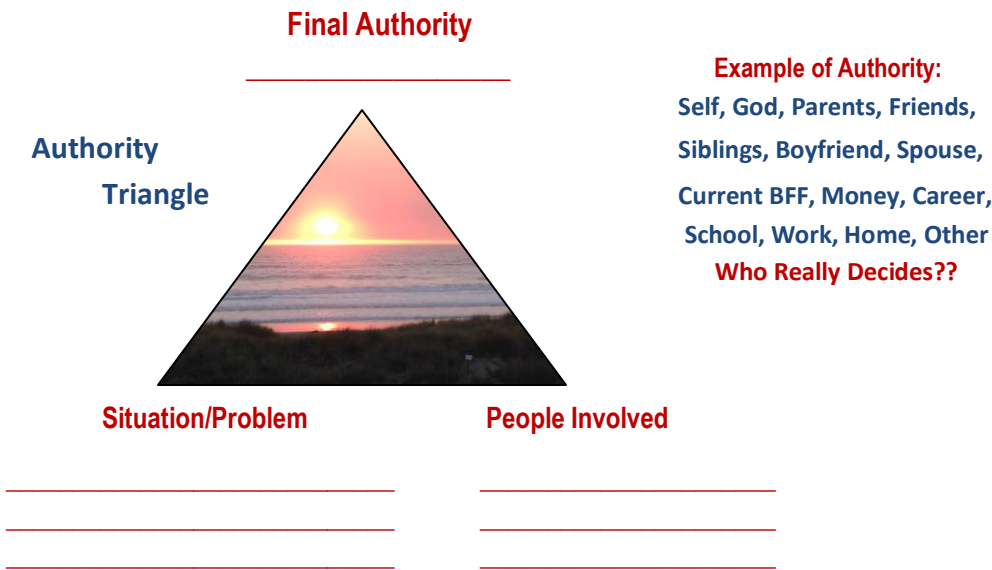
POTENTIAL SOLUTIONS:

Possible Action   **Consequence/Result**
_____
_____
_____
_____
_____

As you consider these options, think about the consequences for yourself and the other people involved with the situation. What are potential negative results?
_____
_____
_____
_____

What are potential positive results of various options? _____
_____
_____
_____
_____

Today: I am leaning toward this decision - _____
_____

Tomorrow: After thinking and sleeping on this issue for another day, I am leaning toward this decision - _____
_____

I have made my decision: _____
I have NOT made my decision and need more time. _____
Name:_____ **Date:**_____

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*CHECKLIST FOR MAKING DIFFICULT DECISIONS

☐ Consider all parts of the situation. The burden of consequence is on you, not others. Do not over-exaggerate or under-estimate the issue. Keep your perspective.

☐ Have goals for your life with Plan A and have Plan B in place for those bumps in the road. Stay focused

☐ Take small careful steps using your wisdom & knowledge. Trust yourself.

☐ Consult trusted, wise people who love and value you, and understand your dreams and beliefs. Don't compare yourself to others.

☐ Consult professionals if you need outside information or support. Reach out to others.

☐ Avoid impulsive and/or emotional decisions. Calmly look at all of the facts and logic. Take your time. Collect all information necessary to consider. Use self-control.

☐ Even making difficult decisions that seem to throw you off course, can be handled well. Be assertive and sure.

☐ Avoid decisions that have drastic negative impact on your life now and in the future. Some decisions can never be changed or corrected. Seriously list pros and cons. Be honest with yourself.

☐ Pray and ask God for direction even if you aren't used to this task. Feel good spiritually in your heart and intuition about your decision.

☐ Look forward to the future with hope, promise and confidence.

☐ You've got this!! ♥

Check all that you have done, before making your decision.

Time is on your side.